



COVID-19 General Guidance



Per Installation Public Health Emergency Officer Regarding Positive Home COVID Tests:

- Positive home COVID tests will NOT require a confirmatory PCR test. Individuals who test positive on a home test should report their results to their supervisor (or unit designee) who will in turn report to Public Health for tracking. Supervisors (or designees) should notify potentially exposed employees who may be close contacts. Public Health will NOT conduct contact tracing on home positive tests but will continue to provide contact tracing on PCR tests.
- Patients who test positive on a home test should isolate (see [Decision Tree](#) for timeframe) and wear a mask around all people for at least 10 days. Patients may be released from isolation after their isolation period with resolution of symptoms (see [Decision Tree](#)).
- Patients should refrain from retesting for 90 days after a positive home test because subsequent tests within a 90 day window may give incorrect results. If you think you may have contracted COVID or are directed to test again within the 90 day period, contact your health care provider for guidance.
- If a patient has a positive home COVID test and desires a confirmatory PCR test or is directed by their commander for a PCR test, they should contact the Hanscom Clinic appointment line at 781-225-6789. Clinic patients who test positive on a home test and simply want it documented in their medical record should call the appointment line at 781-225-6789, option 1 to leave a telephone message for their primary care manager.

What is Isolation?:

- Isolation keeps someone who is infected with the virus away from others, even in their own home
- The least restrictive place of isolation is considered your place of residence
- During this time period follow the directions below:
 - Do not leave your place of isolation unless it is an emergency (either medical or fire)
 - No physical contact with non-infected individuals, even in your own household; no visitors are allowed in your home

Individuals are Fully Vaccinated if:

It has been 2 weeks since receiving an FDA licensed or authorized COVID-19 vaccine (2 shot series of Pfizer/Moderna or 1 shot of Johnson & Johnson)

Individuals are Up to Date Boosted if:

- (1) Received an FDA licensed or authorized COVID-19 booster dose; or
- (2) It has been <5 months since completion of the primary series with Pfizer/Comirnaty or Moderna vaccine or <2 months since completion of with Johnson & Johnson vaccine

What is Quarantine?:

- Quarantine keeps someone who may have been exposed to the virus away from others
- The least restrictive place of quarantine is considered your place of residence
- During this time period follow the directions below:
 - Do not leave your place of quarantine unless it is an emergency (either medical or fire)
 - No visitors are allowed in your quarantine location